

Pulmonary Patient Outcomes Summary

Name Adams, John
Program Test

Patient Background

Sex Male **Date of Birth** 1/1/1949
Primary Diagnosis Emphysema
Secondary Diagnosis Congestive Heart Failure
Physician Referring: Smith, Robert M.D.
Insurance Provider Aetna

Program Involvement

Maintenance Program Not Involved

Phase 2 Sessions Completed

		<u>1/26/1999</u>	<u>7/8/1999</u>	<u>Change</u>
		<u>Pre Program</u>	<u>Post Program</u>	
<u>Behavioral Domain</u>				
Knowledge Test	(0-40)	21	25	19.05%
Cigarettes Smoked	(cigs)	0	0	
<u>Behavioral Compliance</u>				
Follows Diet	(1-5)	5	5	0.00%
Follows Medications	(1-5)	5	5	0.00%
<u>Exercise Activity</u>				
Days per Week of Exercise	(days/week)	0	2	
Minutes Exercising per Session	(minutes)	0	45	
<u>Clinical Domain</u>				
Weight	(lbs.)	281	300	6.76%
Height	(inches)	68	68	0.00%
Body Mass Index	(Kg/M ²)	42.74	45.63	6.76%
<u>6MDW: Resting</u>				
Heart Rate	(bpm)	93	95	2.15%
Systolic Blood Pressure	(mm Hg)	162	150	-7.41%
Diastolic Blood Pressure	(mm Hg)	84	92	9.52%
SaO₂	(%)	96	90	-6.25%
Oxygen Flow Rate	(L/min)	0	0	
Rating of Perceived Dyspnea	(1-4)	2	3	50.00%
<u>6MDW: During</u>				
Lowest SaO₂ Observed	(%)	95	90	-5.26%
<u>6MDW: Peak</u>				
Distance Walked	(feet)	680	1020	50.00%
METs	(METs)	1.99	2.48	24.62%

		<u>1/26/1999</u>	<u>7/8/1999</u>	<u>Change</u>
		<u>Pre Program</u>	<u>Post Program</u>	
<i>Heart Rate</i>	(bpm)	100	103	3.00%
<i>Systolic Blood Pressure</i>	(mm Hg)	168	170	1.19%
<i>Diastolic Blood Pressure</i>	(mm Hg)	80	100	25.00%
<i>Oxygen Saturation</i>	(%)	97	91	-6.19%
<i>Rating of Perceived Dyspnea</i>	(1-4)	2	3	50.00%
<u>6MDW: Recovery</u>				
<i>Heart Rate</i>	(bpm)	94	91	-3.19%
<i>Systolic Blood Pressure</i>	(mm Hg)	168	150	-10.71%
<i>Diastolic Blood Pressure</i>	(mm Hg)	88	100	13.64%
<i>Oxygen Saturation</i>	(%)	96	95	-1.04%
<i>Rating of Perceived Dyspnea</i>	(1-4)	2	3	50.00%
<u>Economic Domain</u>				
<i>Number of Medications</i>	(meds)	9	9	0.00%
<u>Medical System Utilization</u>				
<i>ER Visits</i>	(visits)	2	1	-50.00%
<i>Hospital Admissions</i>	(visits)	2	1	-50.00%
<i>Physician Visits</i>	(visits)	6	1	-83.33%
<u>Health Domain</u>				
<u>SF-36v2™ Health Survey</u>				
<i>Physical Function</i>	(NBS)	17.45	26.19	50.09%
<i>Role Functioning Physical</i>	(NBS)	33.37	33.37	0.00%
<i>Role Functioning Emotional</i>	(NBS)	55.66	35.38	-36.44%
<i>Bodily Pain</i>	(NBS)	53.61	35.78	-33.26%
<i>General Health</i>	(NBS)	49.89	21.63	-56.64%
<i>Vitality</i>	(NBS)	59.08	47.1	-20.28%
<i>Social Functioning</i>	(NBS)	46.16	29.62	-35.83%
<i>Mental Health</i>	(NBS)	43.98	50.64	15.14%
<i>Reported Health Transition</i>	(1-5)	1	1	0.00%

Notes