

Pulmonary Average Patient Profile

Program XYZ Hospital
 Date Range Included all dates

		<u>Pre Program</u>			<u>Post Program</u>		
		<i>n</i>	<i>Mean</i>	<i>StDev</i>	<i>n</i>	<i>Mean</i>	<i>StDev</i>
<u>Behavioral Domain</u>							
<i>Knowledge Test</i>	(0-40)	9	21.67	7.00	9	27.22	6.74
<i>Cigarettes Smoked</i>	(cigs)	47	2.51	7.03	47	1.87	5.31
<u>Behavioral Compliance</u>							
<i>Follows Diet</i>	(1-5)	47	4.02	1.39	47	3.91	1.30
<i>Follows Medications</i>	(1-5)	47	4.96	0.20	47	4.96	0.20
<u>Exercise Activity</u>							
<i>Days per Week of Exercise</i>	(days/week)	47	1.04	2.02	47	3.51	1.69
<i>Minutes Exercising per Session</i>	(minutes)	46	6.96	14.00	46	36.72	15.89
<u>Clinical Domain</u>							
<i>Weight</i>	(lbs.)	47	189.98	63.80	47	190.21	61.95
<i>Height</i>	(inches)	47	65.43	3.52	47	65.45	3.49
<i>Body Mass Index</i>	(Kg/M^2)	47	31.26	10.49	47	31.27	10.13
<u>6MDW: Resting</u>							
<i>Heart Rate</i>	(bpm)	47	86.26	14.64	47	83.47	14.55
<i>Systolic Blood Pressure</i>	(mm Hg)	47	130.28	19.57	47	129.60	16.17
<i>Diastolic Blood Pressure</i>	(mm Hg)	47	75.02	12.38	47	74.79	11.47
<i>SaO2</i>	(%)	47	96.02	1.58	47	95.68	1.98
<i>Oxygen Flow Rate</i>	(L/min)	37	2.14	4.78	37	1.65	3.59
<i>Rating of Perceived Dyspnea</i>	(1-4)	47	0.87	1.08	47	0.47	0.80
<u>6MDW: During</u>							
<i>Lowest SaO2 Observed</i>	(%)	47	89.91	5.57	47	89.85	4.42
<u>6MDW: Peak</u>							
<i>Distance Walked</i>	(feet)	47	912.79	328.89	47	1113.55	365.77
<i>METs</i>	(METs)	47	2.32	0.48	47	2.62	0.53
<i>Heart Rate</i>	(bpm)	47	106.85	15.91	47	106.85	15.63
<i>Systolic Blood Pressure</i>	(mm Hg)	47	141.23	21.62	47	143.43	17.21
<i>Diastolic Blood Pressure</i>	(mm Hg)	47	76.15	12.54	47	75.60	12.62
<i>Oxygen Saturation</i>	(%)	47	93.68	4.01	47	93.49	3.94
<i>Rating of Perceived Dyspnea</i>	(1-4)	47	2.15	1.04	47	1.81	1.08
<u>6MDW: Recovery</u>							
<i>Heart Rate</i>	(bpm)	47	86.81	14.01	47	84.43	13.99
<i>Systolic Blood Pressure</i>	(mm Hg)	47	127.21	20.08	47	129.66	17.30
<i>Diastolic Blood Pressure</i>	(mm Hg)	47	73.15	12.27	47	74.81	13.52
<i>Oxygen Saturation</i>	(%)	47	95.98	1.88	47	94.66	11.30

		<u>Pre Program</u>			<u>Post Program</u>		
		<i>n</i>	<i>Mean</i>	<i>StDev</i>	<i>n</i>	<i>Mean</i>	<i>StDev</i>
<i>Rating of Perceived Dyspnea</i>	(1-4)	47	0.64	0.74	47	0.47	0.75
<u>Economic Domain</u>							
<i>Number of Medications</i>	(meds)	7	9.71	3.95	7	9.86	4.38
<u>Medical System Utilization</u>							
<i>ER Visits</i>	(visits)	6	0.50	0.84	6	0.17	0.41
<i>Hospital Admissions</i>	(visits)	6	1.33	1.03	6	0.17	0.41
<i>Physician Visits</i>	(visits)	5	2.60	2.19	5	1.60	1.95
<u>Health Domain</u>							
<u>SF-36v2™ Health Survey</u>							
<i>Physical Function</i>	(NBS)	47	24.61	9.65	47	33.01	10.73
<i>Role Functioning Physical</i>	(NBS)	47	29.91	7.69	47	38.09	10.40
<i>Role Functioning Emotional</i>	(NBS)	47	38.68	13.66	47	44.51	11.96
<i>Bodily Pain</i>	(NBS)	47	44.89	9.97	47	46.02	8.88
<i>General Health</i>	(NBS)	47	32.78	9.45	47	36.58	8.60
<i>Vitality</i>	(NBS)	47	37.11	9.52	47	43.33	8.89
<i>Social Functioning</i>	(NBS)	47	36.42	12.85	47	44.63	10.59
<i>Mental Health</i>	(NBS)	47	45.56	10.65	47	47.97	10.69
<i>Reported Health Transition</i>	(1-5)	47	2.77	1.03	47	2.17	0.84