

Cardiac Rehabilitation Risk Profile Summary

Program XYZ Hospital
Date Range (All)

	<i>n</i>	<i>Low</i>	<i>Moderate</i>	<i>High</i>
Depression				
		<i>No depression</i>	<i>Moderate</i>	<i>Significant</i>
Pre Program	1		100.0%	
Diabetes				
		<i>HbA1c <7%; FBG <=120</i>	<i>HbA1c 7-9%; FBG 121-180</i>	<i>HbA1c >9% FBG >180</i>
Pre Program	1		100.0%	
Diet				
		<i><=20% fat</i>	<i>20-29% fat</i>	<i>>= 30% fat</i>
Pre Program	1			100.0%
Exercise				
		<i>>240 min/wk</i>	<i>120-240 min/wk</i>	<i><120 min/wk</i>
Pre Program	98	4.1%	18.4%	77.6%
Post Program	68	19.1%	63.2%	17.6%
1 Year	1			100.0%
2 Years	17	23.5%	41.2%	35.3%
Hypertension				
		<i><130/85</i>	<i>130-159/85-99</i>	<i>>159/99</i>
Pre Program	97	70.1%	29.9%	
Post Program	68	64.7%	35.3%	
2 Years	7	57.1%	42.9%	
Lipids				
		<i>LDL <100; CHO/HDL <3.6</i>	<i>LDL 100-130; CHO/HDL 3.6-5.9</i>	<i>LDL >130; CHO/HDL >5.9</i>
Pre Program	43	4.7%	81.4%	14.0%
Post Program	7	42.9%	57.1%	
1 Year	2		100.0%	
2 Years	5	20.0%	80.0%	
Obesity				
		<i>BMI <28</i>	<i>BMI 28-29</i>	<i>BMI >29</i>
Pre Program	97	100.0%		
Post Program	67	100.0%		
2 Years	5	100.0%		

	<i>n</i>	<i>Low</i>	<i>Moderate</i>	<i>High</i>
<i>Smoking</i>		<i>Never/Ex >6m</i>	<i>Ex <6m</i>	<i>Smoker</i>
<i>Pre Program</i>	98	100.0%		
<i>Post Program</i>	70	100.0%		
<i>1 Year</i>	3	100.0%		
<i>2 Years</i>	18	100.0%		