

# Cardiac Program Change Summary

**Program** XYZ Hospital  
**Date Range** Included all dates  
**Comparing** Pre Program to Post Program

<i>Outcome</i>	<i>Count</i>	<i>Max</i>	<i>Mean</i>	<i>Min</i>	<i>Standard Dev.</i>	<i>Significant p &lt; 0.05</i>
<b><u>Behavioral Domain</u></b>						
Cigs. Smoked (cigs)	69	12.00	-0.26	-20.00	3.08	<input type="checkbox"/>
<b><u>Behavioral Compliance</u></b>						
Follows Diet (1-5)	69	3.00	0.13	-3.00	1.06	<input type="checkbox"/>
Follows Meds (1-5)	69	1.00	-0.07	-3.00	0.52	<input type="checkbox"/>
<b><u>Exercise Activity</u></b>						
Ex. Freq. (days/week)	69	7.00	2.41	-4.00	2.61	<input checked="" type="checkbox"/>
Ex. Duration (minutes)	69	75.00	26.65	-120.00	25.11	<input checked="" type="checkbox"/>
<b><u>Clinical Domain</u></b>						
Weight (lbs.)	67	31.00	1.46	-18.00	8.37	<input type="checkbox"/>
Height (inches)	67	10.00	0.10	-1.00	1.24	<input type="checkbox"/>
BMI (Kg/M^2)	67	5.15	0.15	-8.58	1.70	<input type="checkbox"/>
<b><u>6MDW: Resting</u></b>						

<i>Outcome</i>	<i>Count</i>	<i>Max</i>	<i>Mean</i>	<i>Min</i>	<i>Standard Dev.</i>	<i>Significant p &lt; 0.05</i>
HR (bpm)	68	12.00	-3.62	-34.00	9.33	<input checked="" type="checkbox"/>
SBP (mm Hg)	68	40.00	0.74	-40.00	15.51	<input type="checkbox"/>
DBP (mm Hg)	68	28.00	-1.00	-38.00	11.15	<input type="checkbox"/>
<b><u>6MDW: Peak</u></b>						
Distance (feet)	68	724.00	269.97	-245.00	216.14	<input checked="" type="checkbox"/>
METs (METs)	68	1.05	0.39	-0.36	0.31	<input checked="" type="checkbox"/>
HR (bpm)	68	34.00	2.88	-43.00	14.12	<input checked="" type="checkbox"/>
SBP (mm Hg)	68	64.00	5.13	-50.00	21.12	<input checked="" type="checkbox"/>
DBP (mm Hg)	68	26.00	-0.38	-32.00	11.97	<input type="checkbox"/>
RPE (6-20)	68	4.00	-0.31	-4.00	1.66	<input type="checkbox"/>
<b><u>6MDW: Recovery</u></b>						
HR (bpm)	68	19.00	-1.59	-31.00	10.13	<input type="checkbox"/>
SBP (mm Hg)	68	56.00	1.65	-38.00	17.19	<input type="checkbox"/>
DBP (mm Hg)	68	28.00	-0.21	-24.00	10.58	<input type="checkbox"/>
<b><u>Lipid Profile</u></b>						

<i>Outcome</i>	<i>Count</i>	<i>Max</i>	<i>Mean</i>	<i>Min</i>	<i>Standard Dev.</i>	<i>Significant p &lt; 0.05</i>
CHO (mg/dl)	4	-57.00	-81.50	-112.00	23.01	<input checked="" type="checkbox"/>
LDL (mg/dl)	4	-39.00	-72.75	-114.00	32.44	<input checked="" type="checkbox"/>
HDL (mg/dl)	4	-1.00	-2.75	-4.00	1.26	<input checked="" type="checkbox"/>
Triglycerides (mg/dl)	4	25.00	-29.00	-83.00	53.45	<input type="checkbox"/>
CHO/HDL (mg/dl)	4	-1.22	-1.82	-3.42	1.07	<input checked="" type="checkbox"/>
<b><u>Economic Domain</u></b>						
# Medications (meds)	13	2.00	-0.08	-1.00	1.04	<input type="checkbox"/>
<b><u>Health Domain</u></b>						
<b><u>SF-36v2™ Health Survey</u></b>						
PF (NBS)	69	34.94	10.95	-21.84	9.96	<input checked="" type="checkbox"/>
RP (NBS)	69	29.59	14.58	-7.39	10.91	<input checked="" type="checkbox"/>
RE (NBS)	69	30.27	8.05	-30.27	14.97	<input checked="" type="checkbox"/>
BP (NBS)	69	26.32	5.33	-16.13	9.31	<input checked="" type="checkbox"/>
GH (NBS)	69	18.34	2.60	-14.87	7.64	<input checked="" type="checkbox"/>
VT (NBS)	69	31.14	6.54	-19.17	9.86	<input checked="" type="checkbox"/>

<i>Outcome</i>	<i>Count</i>	<i>Max</i>	<i>Mean</i>	<i>Min</i>	<i>Standard Dev.</i>	<i>Significant p &lt; 0.05</i>
SF (NBS)	69	39.33	12.95	-16.98	12.66	<input checked="" type="checkbox"/>
MH (NBS)	69	24.43	4.80	-22.20	9.56	<input checked="" type="checkbox"/>
RHT (1-5)	69	2.00	0.14	-3.00	1.07	<input type="checkbox"/>

Sample